

## Audit tools and percentage of standards that should be met

(according to the experts in the Delphi Research of the SPA Project Work package 2, Hogeschool Utrecht)

At least 3 of these Audit tools per competency have to be used by SPT to demonstrate being competent (just 2 for C10 and C11). The evidence/products have to be uploaded in the repository of the personal portfolio on the educational portal of the SPA website:

<http://www.sportsphysiotherapyforallorg/content/view/270/343/>

In the excel file "checklist on Competencies and Standards for ATK" the links to these particular products has to be added.

**The percentages mentioned form the GOLDEN STANDARD. IFSP will decide percentages for Silver and Bronze.**

Competencies	Related Audit Tools for use by Professionals in Sports Physiotherapy or by Coordinators of Educational Programs, Courses or Modules.	Percentage of Standards that should be met by evidence & measured using audit tools with the checklist on C&S
<p><b>1 Injury Prevention</b> Sports physiotherapists assess the risks of injury associated with an athlete's participation in a specific sport or physical activity context; they inform and train athletes and other professionals in a way that reduces the occurrence and recurrence of injuries.</p>	<p>Audio (digital evidence) and Report</p> <hr/> <p>Case Study</p> <hr/> <p>Discussion Report</p> <hr/> <p>Optional: Video (digital evidence) and Report</p> <hr/> <p>Any optional product to provide evidence:.....</p>	<p><b>92%</b></p>
<p><b>2 Acute Intervention</b> Sports physiotherapists respond appropriately to acute injury or illness in both training and competition contexts, using prior communication with other professionals to identify and establish roles and responsibilities</p>	<p>360 Degree Feedback Report</p> <hr/> <p>Case Study</p> <hr/> <p>CPR test and Certificate</p> <hr/> <p>Reflective Analysis</p> <hr/> <p>Optional: Video (digital evidence) and Report</p> <hr/> <p>Any optional product to provide evidence:.....</p>	<p><b>100%</b></p>

<b>Competencies</b>	<b>Related Audit tools for use by Professionals in Sports Physiotherapy or by Coordinators of Educational Programs, Courses or Modules</b>	<b>Percentage of standards that should be met by evidence &amp; measured using audit tools</b>
<b>3 Rehabilitation</b> Sports physiotherapists use clinical reasoning and therapeutic skills to assess and diagnose sports-related injuries, and to design, implement, evaluate and modify evidence-based interventions that aim for a safe return to the athlete's optimal level of performance in their specific sport or physical activity	360 Degree Feedback Report <hr/> Audio (digital evidence) and Report <hr/> Case Study <hr/> Discussion Report <hr/> Optional: Video (digital evidence) and Report <hr/> Any optional product to provide evidence:.....	<b>95.6%</b>
<b>4 Performance Enhancement</b> Sports physiotherapists contribute to the enhancement of an athlete's performance by evaluating their physical and performance related profile and advising or intervening to optimise conditions for maximal performance in a specific sport, within a multidisciplinary team approach	360 Degree Feedback Report <hr/> Case Study <hr/> Optional: Video (digital evidence) and Report <hr/> Any optional product to provide evidence:.....	<b>84%</b>
<b>5 Promotion of a Safe, Active Lifestyle</b> Sports physiotherapists collaborate with other professionals to promote safe participation in sports and activity for individuals of all abilities; they provide evidence-based advice regarding the optimal activity or sport for specific individuals and the ways in which they can minimise risk of injury and promote health	Education evidence <hr/> Poster Presentation <hr/> Presentation <hr/> Any optional product to provide evidence:.....	<b>76%</b>

<b>Competencies</b>	<b>Related Audit tools for use by Professionals in Sports Physiotherapy or by Coordinators of Educational Programs, Courses or Modules</b>	<b>Percentage of standards that have evidence &amp; measured using audit tools</b>
<b>6 Life-Long Learning</b> Sports physiotherapists maintain and improve clinical standards by their critical, reflective and evidence-based approach to practice, and through a continual process of learning and teaching in collaboration with other professionals	Professional Development Portfolio <hr/> Reflective Analysis Report <hr/> Any optional product to provide evidence:.....	<b>96%</b>
<b>7 Professionalism and Management</b> Sports physiotherapists manage time, resources and personnel in a professional, legal and ethical manner, and facilitate professional development and excellence	360 Degree Feedback Report <hr/> Case Study <hr/> Dissemination / Innovation Project <hr/> (Quality) Management Plan <hr/> Any optional product to provide evidence:.....	<b>86.6</b>
<b>8 Research Involvement</b> Sports physiotherapists critically evaluate their practice in relation to new information, identifying questions for further study; they are involved in research that addresses these questions at different levels.	Presentation <hr/> Scientific Article <hr/> Systematic Literature Review <hr/> Any optional product to provide evidence:.....	<b>80%</b>
<b>9 Dissemination of Best Practice</b> Sports physiotherapists disseminate new information and innovations to other professionals and decision-makers through different media.	360 Degree Feedback Report <hr/> Discussion Report <hr/> Dissemination / Innovation Project <hr/> Education Evidence <hr/> Presentation <hr/> Any optional product to provide evidence:.....	<b>80%</b>

Competencies	Related Audit tools for use by Professionals in Sports Physiotherapy or by Coordinators of Educational Programs, Courses or Modules	Percentage of standards that have should be met by evidence & measured using audit tools
<b>10 Extending Practice Through Innovation</b> Sports physiotherapists promote the appropriate application of new knowledge and innovations in multidisciplinary practice and decision-making processes, and influence the directions of further research and innovation.	Scientific Article	<b>90%</b>
	Any optional product to provide evidence:.....	
<b>11 Promotion of Fair Play and Anti-Doping Practices</b> Sports physiotherapists participate in and promote professional and ethical sporting practices, emphasising both fair play and their duty of care to the athlete; they adhere to the 'International Sports Physiotherapy Code of Conduct on Doping'	Discussion Report	<b>88.6%</b>
	Audio (digital evidence) and Report	
	Any optional product to provide evidence:.....	

## 15 Audit Tools related to the 11 competencies

Audit tools:	Competencies
360 Degree Feedback Report by supervisor / peer / mentor / athlete / management	2: Acute Intervention 3: Rehabilitation 4: Performance Enhancement 7: Professionalism and Management 9: Dissemination of Best Practice
Audio (digital evidence) and Report	1: Injury Prevention 3: Rehabilitation 11: Promotion of Fair Play and Anti-Doping Practices
Case Study	1: Injury Prevention 2: Acute Intervention 3: Rehabilitation 4: Performance Enhancement 7: Professionalism and Management
CPR Test and Certificate	2: Acute Intervention
Discussion Report	1: Injury Prevention, 3: Rehabilitation 9: Dissemination of Best Practice 11: Promotion of Fair Play and Anti-Doping Practices
Dissemination / Innovation Project	7: Professionalism and Management 9: Dissemination of Best Practice
Education Evidence	5: Promotion of a Safe, Active Lifestyle 9: Dissemination of Best Practice
Poster Presentation	5: Promotion of a Safe, Active Lifestyle
Presentation	5: Promotion of a Safe, Active Lifestyle 8: Research Involvement 9: Dissemination of Best Practice
Professional Development Portfolio	6: Life Long Learning
(Quality) Management Plan	7: Professionalism and Management
Reflective Analysis	2: Acute Intervention 6: Life Long Learning
Scientific Article	8: Research Involvement 10: Extending Practice Through Innovation

Systematic Literature Review	8: Research Involvement
Video (digital evidence) and Report of treatment or other relevant behaviour	1: Injury Prevention 2: Acute Intervention 3: Rehabilitation 4: Performance Enhancement
Checklist on Competencies and Standards SPT Competency Profile Part of each Audit Tool (see guidelines for content)	To check content of competencies 1 – 11, but can also be used in or develop educational programs, courses, modules in sports physiotherapy
Questionnaire (item bank to test foundational knowledge will be recommended to IFSP to develop)	1: Injury Prevention 2: Acute Intervention 3: Rehabilitation 11: Promotion of Fair Play and Anti-Doping Practices
Practical examination (IFSP has the intention to develop practical examinations to complete the assessment by the ATK. Transparent criteria and well trained assessors will be needed)	1: Injury Prevention 2: Acute Intervention 3: Rehabilitation 4: Performance Enhancement