





physioaustria
sportphysiotherapie

30 June, 2017

Karl Lochner
Vogelweiderstrasse 3b/2
A-4600 Wels
karl.lochner@icloud.com

Dear colleagues,

Please accept my application for EB membership with IFSPT. Below I will specify what I believe qualifies me for membership, and what I wish to offer to IFSPT member countries if accepted.

When IFSPT was founded in 2000, Austria was among the founding members. Two years later we invited IFSPT to hold one of their first GM's in Vienna. This is when I gained important insights into the IFSPT's work. I became a representative for the Austrian sports physiotherapy network in 2004.

Professional experience:

I graduated in 1991 from the School for Physiotherapy in Steyr, Austria, and started to work at a hospital (Wels) soon after. In the mid-nineties the first postgraduate sports physiotherapy courses were offered. I successfully completed all courses (42 days) in 1999. At that time my area of expertise was musculoskeletal rehabilitation, with a specialization in foot, knee and shoulder surgery. I assumed a leadership position at Wels hospital, working with a team of ten, treating patients and providing on-the-job training for junior colleagues.

Experience in high-level sports physiotherapy:

In addition to these responsibilities I had the opportunity to develop skills in sport-specific rehab when working for LASK Linz, a first-league Austrian football team. In 1999 I was asked to accept a full time job as a sports physical therapist. At the Ramsau FIS Nordic World Ski Championship our group contributed to the sports physiotherapy support for a number of smaller countries on a pro bono basis.

Continuing education:

During my time as an employed physiotherapist (Wels hospital and LASK football club) I improved my knowledge completing courses as a participant in manual therapy (Kaltenborn), mobilization of the nervous system (by David Butler) and McKenzie. Over the past years, I strove to broaden my horizon in physiotherapy by completing courses in applied kinesiology, craniosacral therapy, and spiral dynamics.

In 2000 I started my independent practice with four physiotherapy colleagues und two orthopedic surgeons. I have now seventeen years of experience of independent work in this field.

Teaching activity:

My professional skills in musculoskeletal rehabilitation and sports physiotherapy appeared to be well suited for a newly founded academy for physiotherapy in Wels. Starting 1996, I was a lecturer for four years in the field of traumatology and orthopedics. From 2007 and 2009 I was a lecturer for sensomotor control at Vienna University's Masters programme in sports physiotherapy. Through the last 15 years I offer post graduate musculo-skeletal shoulder courses with accent on „bringing evidence into practice“.

Events and symposia:

In 2007 I accepted the responsibility of chair of the Austrian sports physiotherapy network. One of my first goals in that position was to establish a communication forum for all sports physiotherapists. We launched two symposia in 2007 and 2008 that can now be seen as the starting point for something new in sport sphysiotherapy in Austria. In 2008 the networking between IFSPT member countries grew in depth and scope. Mario Bizzini from Switzerland and Manfred Bauer from Germany initiated the 2008 football symposia held in tandem with the European football championship in Austria and Switzerland. Together with a colleague and representatives from Salzburg University we saw the need to bring the international knowledge that existed within the IFSPT to Austria, and we started a formal collaboration in 2009. A bi-annual symposium has since been offered at Salzburg, from 2013 on in close cooperation with the IFSPT (with the invaluable help of Mario Bizzini). The symposium has brought together about 300 colleagues and sports scientists each time.

Competencies and standards:

In 2004 the Austrian sports physiotherapy network was asked to contribute to the establishment of the sports physiotherapy Masters programme at Vienna University. Former IFSPT president Laetitia Dekker-Bakker helped us to integrate the new competencies & standards to this programme.

In 2011 I motivated our national physiotherapy organisation (Physio Austria) to start a general specialization process, followed by the specific specialization process for sports physiotherapy in 2014 through our network. This project will be finished in a few months. Afterwards the IFSPT registration process will follow. Nicki Philips helped us a lot with her advice. Last but not least, we succeeded in ensuring that “sports physiotherapy“ will be considered new Austrian sports legislation, receiving a standing equal to that of sports medicine, sports science and sports psychology.

Contribution to Executive Board of IFSPT:

This was a short overlook about my activities in the last twenty years. As I hope to have shown, my professional career has been an endorsement of IFSPT values from its beginnings. Specifically, as a representative I have supported IFSPT's work through:

- participation at GM'S and bringing in agenda items

- distribution of IFSPT newsletters (and bringing in content into this newsletters) to all colleagues in Austria (50 % of our colleagues therefore knew IFSPT)
- promoting IFSPT at our symposia (IFSPT related symposia)
- defining sports physiotherapy competencies in Austria that match IFSPT's competencies & standards.

How can I contribute to IFSPT work?

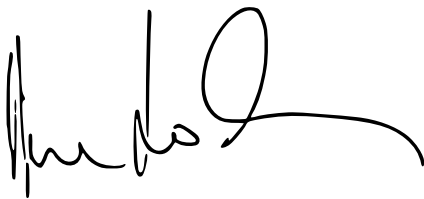
IFSPT and the above-named people (Laetitia, Mario and Nicki) helped us significantly in establishing sports physiotherapy in Austria. I think it is now time to give something back to this organization.

- I believe I possess the right combination of sports political and practical experience and knowledge that I can bring in to IFSPT;
- I have an excellent command of networking and I am willing to bring it in to IFSPT;
- I have many years of experience in building professional networks and I can support (smaller) countries to start groups in sports physical therapy and so to raise the number of member countries within IFSPT;
- I contributed to more than ten symposia in a leading role, amounting to substantial experience in large organizational tasks. I would like to offer this experience to the IFSPT.

I hope you agree that my qualifications are a strong match with the values and goals of IFSPT and that you will accept my application.

I thank you for your consideration and look forward to seeing you in Belfast.

Karl Lochner

A handwritten signature in black ink, appearing to read 'Karl Lochner', with a stylized, flowing script.



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Karl Lochner

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Birthday 17.03.1961
Nationality Austria

Professional Experience

1991 – 1999 **Hospital, Clinic Wels, A – 4600 Wels**
Department: Department for Traumatology/Physiotherapy
Internship
 ▪ Teamleader Physiotherapy from 1996 – 1999

1995 – 1997 **LASK Linz**, Football Club, part time

1999/2000 **LASK Linz**, Football Club, 4020 Linz
Physiotherapist
Responsible also for Rehab Department

2000 - 2002 **Rehab Clinic Wels**, 4600 Wels
Physiotherapist

2002 - **PRIVATE PRACTICE, A – 4600 Wels**
Musculo-Skeletal Rehabilitation, Sportsphysiotherapy, Prevention

Academic Career

1988 - 1991 **Steyr, April 1991**
Bachelor - School for Physiotherapy, Steyr

Extra Curricular Activities

1991 – 1995 Manual Therapy – Kaltenborn/Evjenth

1994 McKenzie

1995 Mobilisation of the Nerval System, David Butler

1996 - 1999	Post graduate education in Sportsphysiotherapy (IAS)
1998 - 2000	Applied Kinesiology
2003 – 2006	Cranio-Sacral Therapy
2009 - 2011	Spiraldynamik

Educational Activities

1995 - 2001	Traumatology in Physiotherapy, Academy for Physiotherapy, Wels
1997 – 1999	Sensomotory Role in Physiotherapy, Master for Sportsphysiotherapy, Vienna
2004 -	Seminar Rehabilitation of the Shoulder, Klagenfurt
2000 -	Presentations on different local (Austria) symposia and congresses regarding shoulder, knee, foot – Rehabilitation and presentation about Sportsphysiotherapy

Sports-organisational activities

2017	Organising committee Symposia „Muscle and Tendon“ Sportsphysiotherapy Network Austria in collaboration with University Salzburg (IFFB für Sportwissenschaften“
2015	Organising committee Symposia „Role of the sensomotory System“ Sportsphysiotherapy Network Austria in collaboration with University Salzburg (IFFB für Sportwissenschaften“
2013	Organising committee Symposia „Core Stability“ Sportsphysiotherapy Network Austria in collaboration with University Salzburg (IFFB für Sportwissenschaften“
2013	Organising Committee Symposia Linz, „Der chronische Schmerz - was hilft?“
2011	Organising committee Symposia „Ohrgeräusch und Bewegungsapparat“, Linz
2011	Organising Committee Symposia „Herausforderung Schulter“ Sportsphysiotherapy Network Austria in collaboration with University Salzburg (IFFB für Sportwissenschaften), Rif
2009	Organising Committee Symposia "Alpiner Wintersport - Knieverletzungen" Sportsphysiotherapy Network Austria in collaboration with Universität Salzburg (IFFB für Sportwissenschaften), Rif
2008	Scientific committee Symposia "Fußball" Salzburg
2007	Scientific committee congress "Trends in der Sportphysiotherapie und Sportmedizin" Sportsphysiotherapy Network Austria in collaboration with Universität Wien, Wien
2004 – 2007	Curriculum Collaboration Master for Sportsphysiotherapy

Service to the profession

1996 - 2007	Board Member Sportsphysiotherapy Network Austria
2004 -	IFSPT delegate of Sportsphysiotherapy Network Austria
2007 -	Chair of Sportsphysiotherapy Network Austria
2006 – 2015	Vice Chair Physio Austria Regional Group Upper Austria
2014 -	Head of working group “Specialization in Sportsphysiotherapy”

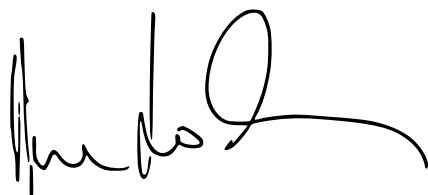
Personal Interests

Winter sports (Nordic Skiing and Alpine Skiing)
Cycling (Road, Touring, Mountain Biking)
Favourite Sport: Football

Professional Interests

Traumatology – Rehabilitation
Politics – networking
Implementation of the recent evidence based science into practice
Bringing new member countries to IFSPT

Karl Lochner





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SUPPORT and CONFIRMATION

The Austrian Sports Physiotherapists Network of Physio Austria is glad to support Mr. Karl Lochner to be nominated as a member in the Executive Board of the International Federation of Sports Physical Therapy IFSPT.

The Austrian Sports Physiotherapists Network of Physio Austria will also confirm, that Mr. Karl Lochner is member of Sports Physiotherapists Network of Physio Austria and Chair of this group.

Sincerely

Karin Tresohlavy, MScPhT, MSc

Vice - Chairwoman



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The IFSPT Secretary,
Dr Maria Constantinou
Via email (mconstant20@gmail.com)

Vienna, July 3, 2017

SUPPORT

Physio Austria, the Austrian Physiotherapy Association, is glad to support the nomination of Mr. Karl Lochner as a member of the Executive Board of the International Federation of Sports Physical Therapy (IFSPT).

Physio Austria will financially support Mr. Karl Lochner when attending IFSPT board meetings, General Meetings and conferences.

Sincerely

Silvia Mériaux-Kratochvíla, MEd
President

Gerhard Eder, MSc, MSc
Treasurer