



Dear IFSPT

I, Kristian Thorborg, hereby run for election to the IFSPT Executive Board at the next General meeting in 2017. Through the last 10 years I have been deeply involved in Danish Society of Sports Physical Therapy (DSSF), first serving as Editor in Chief for the our Danish Sports Medicine and Physiotherapy Journal, then as Board member for education and courses offered under the Danish Society of Sports physiotherapists, where I continue to be responsible for implementation of new educational and specialization structure for Danish Sports physiotherapists.

The last 3 years I have been Chairman twice for the scientific committee of our national Sports Congress, which has been tremendously successful and deemed among the 5 most important sports medicine congresses in the world by British Journal of Sports medicine. In 2015 I was appointed Board Member of the Research Committee for the International Federation in Sport Physical Therapy Research Committee. The reason for my commitment is a long and passionate career within sports physiotherapy and education, with a long desire to influence and improve sports physiotherapy education at the national and international level. Sports physical therapy is stronger than ever, and our profession is becoming an essential part of sports medicine delivering high quality management of athletes. In particular enhancing the understanding of physical activity as one of the most important aspects in a healthy life has brought us in the forefront as important healthcare providers.

Through my work at the national level, I have been able to put Danish Sports Physical Therapy on the world map. Despite the fact that Denmark is a very small nation, we have been able to raise the standards of our educational structure within sports physical therapy and have our specialization in sports physiotherapy accredited worldwide. I will be able to bring the same enthusiasm and energy to the IFSPT Executive Board, supporting the move towards the organization of world congresses in Sports Physical Therapy, improving networking among countries with lesser levels of knowledge, competencies and financial abilities within sports physical therapy. Having chaired several big conferences and spoken at even more congresses across the globe has given me an invaluable network of people that I will be able to draw upon with the aim of improving the strength and international impact of IFSPT, to the benefit of sports physical therapists across the globe.

I hope that my nomination will be granted and look forward to contribute as an elected member of the IFSPT Executive Board.

Yours sincerely,

Ass. Prof., Ph.D., and Specialist in Sports Physical Therapy, Kristian Thorborg

Curriculum Vitae (short version)

Name: Kristian Thorborg
Married status: Wife and three kids
Adress: Voldumvej 12, 2610_Rødovre, Denmark
Telephone: +45 2627 1506
Date of Birth: 15. June 1973

EDUCATION:

1998: Diploma in physiotherapy (registration)
2003: Masters in sports physiotherapy, Melbourne University
2011: Ph.D., Copenhagen University, (AMBEHR)

WORKING EXPERIENCE:

1998-99: Hvidovre og Gentofte Amtssygehus
1998-00: Clinic for Physiotherapy, Jorcks Passage
1998-00: HIK (Football)
2000-00: English Medical Centre, Val d`Isere
2001-02: The Danish Royal Ballet
2001-02: Clinic for Physiotherapy, Bülowvej
2004-08: Scandinavian Sports Medicine Centre, Physiotherapy Department (Parken)
2007-08: Full time research assistant, Artroskopisk Center Amager, Hvidovre Hopsital
2008-11: Full time Ph.d. stipend, Artroskopisk Center Amager, Hvidovre Hospital.
2008-12: Hamlet/Aleris, Idrætssklinik.
2011-13: Full time Post-doc. Artroskopisk Center, Amager-Hvidovre Hospital.
2013- : Full time Senior-researcher Artroskopisk Center, Amager-Hvidovre Hospital.

SPECIALISATION:

2004: Specialist in musculoskeletal physiotherapy, including sports physiotherapy
2007: Specialist in musculoskeletal physiotherapy
2007: Specialist in sports physiotherapy
2014: Registered international sports physiotherapist (International specialization), IFSPT (International Federation of Sports Physical Therapy)

ACADEMIC POSITIONS:

2009-11 Assistant Professor at Copenhagen University (Cand. Scient. San.)
2012-14 Associate Professor (External) at Copenhagen University (Cand. Scient San.)
2013- Course lead. Rehabilitation of muscle tendon injuries – in relation to sports. Physiotherapy masters course at University of Southern Denmark
2013- Course lead. Analysis of movement and muscle function – in relation to sports. Physiotherapy masters course at the University of Southern Denmark.
2014- Associate Professor (Internal) at Copenhagen University (Cand. Scient San.)

RESEARCH GRANTS

Have received approximately 10 million DKR as main or co-applicant in research funds (1.500.000 Euros).

ACADEMIC SUPERVISION AND EVALUATION:

Completed: 30 bachelor students (thesis), 10 master students (thesis), 2 Ph.D. student (thesis),

Ongoing: 7 Ph.D. students (thesis)

Evaluating PhD protocols prior to enrolment, Southern University of Denmark (2014).

External reviewer on Associate Professorship application for Weil Cornell University, USA (2014).

PhD examiner, Australian Catholic University (2015), and AUT, Auckland University (2016)

PEER-REVIEWED SCIENTIFIC PAPERS:

95 peer-reviewed papers published, 24 book chapters (15 national and 9 international),

INTERNATIONAL IMPACT:

INVITED SPEAKER:

More than 60 international invitations from countries including lectures in Australia, New Zealand, Luxembourg, Italy, France, Monaco, Spain, England, Switzerland, Luxembourg, Holland, Sweden, Norway, Finland, Qatar, Ireland and USA.

CONSENSUS/AGREEMENT MEETINGS

Written 3 editorials in BJSM, and 3 clinical commentary's in BJSM, JOSPT and IJSPT. Been part of 6

Consensus/agreement meeting with subsequent publication in peer-reviewed scientific sports medicine journal

TRUSTED POSITIONS:

SCIENTIFIC COMMITTEES:

- Part of scientific committee and organiser of 5 PMR-C (one-day) symposiums in Denmark including more than 400 participants attending each year (2013-16)
- Member of scientific committee 1st World Conference on groin pain
- Chairman of the scientific committee for the National Sports Medicine congress 2015, at SAS Radisson, Copenhagen (500 participants), See program at www.sportskongres.dk.
- Chairman of the scientific committee for the National Sports Medicine congress 2017, at SAS Radisson, Copenhagen (500 participants), See program at www.sportskongres.dk.
- Evaluation committee member for the Johannes Lindhart Prize and the Ove Bøje Prize, instated by Danish Association of Sports Medicine and Danish Society of Sports physiotherapy, 2013-2019

EDUCATIONAL COMMITTEES:

- Member of advisory board for education and professional development for Danish Physiotherapist (2009-11).
- Chairman for the revision of the Danish specialisation process in physiotherapy (2010-11).
- Initiator of "Clinical evidence update" programme in sports physiotherapy, since 2009 (now including 10 individual documents on evidence-based examination and treatment in sports physiotherapy).
- Board member of the educational committee for the School of Physiotherapy, Metropol University College, Copenhagen, 2014-
- Board Member for the International Federation in Sport Physical Therapy Research Committee, 2015
- Board member of the application and assessment committee for The Cand. Scient San. Education at Copenhagen University, 2016-
- Board member for education and courses offered under the Danish Society of Sports physiotherapists. Responsible for implementation of new educational structure for Danish Sports physiotherapists from 2013
- Board member for IOC Sports Medicine Research Center, Copenhagen 2014-2018
- Board member of the Advisory board for the IOC Diploma course in Sports Physical Therapies 2015-



LETTER OF RECOMMENDATION

JUNE 19. 2017

To: IFSPT Executive Board and member organizations

This letter is to the support of the nomination of Kristian Thorborg to the executive board of IFSPT.

Kristian Thorborg is a senior researcher and assistant professor at Copenhagen University Hospital Hvidovre and part of the Danish IOC Research Center. Furthermore, Kristian is part of the educational board of Danish Society of Sports Physical Therapy where he participates in the ongoing development and evolvement of the sports physical therapy education as well as takes an active part as chairman or committee member of the scientific committee for SportsKongres on numerous occasions. Kristian is a person with a great sense of pride in his work, with enormous work ethics and he masters the complexity of being ambitious as well as being a team player. Danish Society of Sports Physical Therapy is very fortunate to have such a capacity within its group, and I am happy to support and recommend Kristian Thorborg's candidacy to the executive board of IFSPT.

Karen Kotila

Chairman,

Danish Society of Sports Physical Therapy



Odense den 21.6.2017

Membership Kristian Thorborg

I Hereby confirm that Kristian Thorborg membership number 12168, is a member of Danish Society of Sports Physical Therapy, Denmark.

Martin Uhd Andersen
Treasurer
DSSF, Denmark.