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27th June 2017

Dear IFSPT

Re: IFSPT EB Nomination

Please accept this letter and attached brief CV as my nomination for a position on the IFSPT executive board. Also attached is a supporting letter from the Association of Chartered Physiotherapists in Sports and Exercise Medicine (ACPSEM) in the U.K.

I am an experienced sports physiotherapist, a Registered International Sports Physical Therapist (RISPT) and am involved both clinically and in the education of (sports) physiotherapists in the U.K.

I have been a member of the executive committee of the ACPSEM since 2004 and have held many positions including regional representative, newsletter editor, vice chair, chair (2013-16) and am currently a Vice President of the organisation. These roles have allowed me to gain understanding and knowledge of committee work, the global political landscape for Sports Physiotherapists, the need for promotion of the specialty and the need for international and national leadership of our physiotherapy specialty to maintain and further progress its standing.

As part of these roles I also was responsible for the coordination and further development of the CPD pathway in the UK for a large number of years. Again this has allowed me to have a strong understanding of the needs and requirements of these development pathways and assessment. Further to this experience, I also sit on the IFSPT registration committee and have been involved in registration approvals for a number of years. This is an area I maintain an interest in and links in to my current doctoral study.

I am very motivated to continue my committee work, promoting the sports physiotherapy specialty and working within the IFSPT. My prior and current experiences would allow be to input into knowledgeable into the IFSPT EB in a number of areas and particularly to professional development. My leadership experience at national level would also help me work with the EB to help take IFSPT forward even further in the future. I am passionate about the sports physiotherapy specialism and developing the specialty worldwide and I would look forward to the challenges an executive board position would hold.

Colin Paterson

Colin Paterson MSc PGCert(Ed) MCSP RISPT SFHEA

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Colin Paterson MSc PGCert(Ed) SFHEA MCSP

Education	<p>EdD (Doctorate) candidate. Sept 2016 - current. "Exploration of the development of sports physiotherapy expertise". University of Brighton.</p> <p>MSc in Sports Physiotherapy. UWCM, Cardiff. 2006</p> <p>Post Grad Certificate (Ed) - Health and Social Education. Bournemouth University. 2007</p> <p>BSc (Hons) Physiotherapy. UWE, Bristol. 1996 - 1999</p>
Summary	<p>I am a highly experience sports Physiotherapist in the U.K. and combine clinical, education and committee work. Currently a Senior Lecturer in Physiotherapy and Program Leader for the MSc Sports Injury Management at University of Brighton. I am currently a Vice President of the Association of Chartered Physiotherapists in Sports and Exercise Medicine in the U.K. and have served on the executive committee for 13 years. I am currently a member of the IFSPT's Registration Committee. My clinical experience has included working with Team GB Olympic teams, 4 Commonwealth Games, the English Institute of Sport, Great Britain Hockey and working at the last 4 Paralympic Games.</p> <p>I am motivated to continue my sports physiotherapy committee work and use my prior experiences to work with the IFSPT Executive committee to continue to develop our unique specialty. My interest in professional development and the development of sports physiotherapy expertise would link well with the IFSPT work.</p>
Sports Physiotherapy Committee Experiences	<ul style="list-style-type: none">• ACPSEM (UK) committee member since 2004; regional representative, newsletter editor, clinical interest group liaison, vice chair, chair (2014-2017) and currently Vice Chair of 'Physio's in Sport'• Coordinator of the UK's sports physiotherapy CPD pathway 2006-2014; including assessing applications and advising members on development• IFSPT Registration board/committee member; assessing applications from countries wishing to become registered with the IFSPT.• Attended Japan in 2016 to discuss requirements of sports physiotherapy in the build up to Tokyo 2020 and requirements for development of sports physical therapy specialisation.
Key Skills and Experience to Offer IFSPT	<ul style="list-style-type: none">• Executive committee member in the U.K for over 10 years• Previous experience of working on an IFSPT committee (Registration Board)• Previous collaborative work with other IFSPT member organisations• Extensive experience of the IFSPT Sports Physiotherapy competencies and the development and assessment of CPD pathways• Strong communication and organisation skills• Experience clinically and in education of physiotherapy and sports physiotherapy
Clinical Experience Highlights	<ul style="list-style-type: none">• Paralympics GB; Lead Physiotherapist camps and holding camps Summer 2015 – September 2016. Belo Horizonte, Brazil. HQ Physiotherapist Beijing 2008. Consultant Physiotherapist.• European Games, Baku June 2015. Physiotherapist. Gymnastics, field of play and physiotherapy role.• Commonwealth Games HQ Physiotherapist: Team England 2018 and 2006. Team Wales. Glasgow 2014. Team England Youth Games 2008.• London 2012 LOCOG Physiotherapist – Polyclinic. Olympics and Paralympics Senior Physiotherapist EIS; Lead for GB / England women's Hockey. Commonwealth Games 2010, World Cup 2010, European Championships. Training and competition. 2009-2011.• HQ physiotherapist GB Olympics team 2008 – Macau• HQ physiotherapist Great Britain World University Games Team 2005 + 2007• Senior Physiotherapist English Institute of Sport: Women's Hockey

Teaching
Experiences
and skills

- Undergraduate Physiotherapy Education - Bournemouth University (2004-2008, 2011 - 2015), Brighton University Oct 2015 – current
- M-Level Education Sports physiotherapy – Bath University (2008 – 2015), University of East London (guest lecturer x 2 2010), University of the West Indies, Jamaica (2011), Cardiff University 2011- current, Brighton University 2015 – current.
- ACPSEM course tutor: soft tissue techniques. 2008 - current
- Areas of interest: reflective practice, soft tissue treatments, disability sport, clinical reasoning.

Professional
memberships

Member of the CSP; number 61162
Member of the Health Professions Council; number PH.56710
Member of the Acupuncture Association of Chartered Physiotherapists
Member of the Association of Chartered Physiotherapists in Sports Medicine (ACPSEM) - Gold Level. IFSPT – registered specialist sports physiotherapist
ACPSM Executive Committee Member - currently hold the position of Vice President
Physical therapy in Sport (Elsevier); article reviewer 2011 - current

Publications

- Paterson C (2016) The international sports physical therapy specialist. The who, what, why of sports physical therapy using examples from the UK. Physical Therapy Japan. Vol 43. Supplement 3.
- Paterson, C and Chapman, J. (2013) Masterclass: Enhancing skills of critical reflection to evidence learning in professional practice, Physical therapy in Sport, 14 (3) 133-138
- Paterson, C (2011) Clinically reasoning the assessment of the sacroiliac joint. Sportex Medicine. April 2011 issue 48
- Paterson, C (2011) Clinical reasoning case study of a runner with buttock pain. Sportex Medicine. April 2011 issue 48
- Paterson, C (2009) Joy Of Movement. Voltarol's guide to managing body pain.2009
- Paterson, C (2008) Scapula Dyskinesia and shoulder impingement - what is the evidence? Sportex Medicine. 2008 36-2
- Paterson, C (2008) What is the effect of scapularthoracic taping on muscle activity? Sportex Medicine. 2008 36-2

Conference
presentations

- Paterson, C (2016) Soft Tissue Techniques;what's the evidence? ACSPEM conference. St George's Park
- Paterson, C (2015) Acupuncture in sport; a winning combination. AACCP Conference. UK. May.
- Paterson, C (2014) Apophyseal Problems: stop pulling my leg! APCP Conference Day. Poole
- Paterson, C. (2013) Managing low-back pain in sporting adolescents. Primary Care and Public Health 2013. NEC, Birmingham.
- Paterson, C and Mitchell, L (2007) A preliminary subjective evaluation of the effect of pre and post exercise applications of massage on muscle tone in elite Boccia players. British Paralympic Association Sports Science and Medicine conference, UK.
- Paterson, C (2006) The effect of a 6 week scapular muscle exercise program on scapular muscle activity in subjects with shoulder impingement. Oral and poster presentation IFSPT/ACPSM conference, Birmingham



27th June 2017

Supporting Letter for IFSPT Executive Board Nominations; Colin Paterson

Please find below a supporting information for Colin Patterson to be nominated onto the IFSPT Executive board.

Colin Paterson is a Chartered Physiotherapist and CSP member whom has been a member of ACPSEM (number 2400) since 2004. He is held in very good standing with the organisation. He has been on the executive committee since 2004, holding many positions, ultimately serving as chair for the 2013-16. He is currently a Vice President of ACPSEM. Colin has also acted as a representative of ACPSEM in IFSPT meetings and through his work with CPD pathways and IFSPT competencies.

The Executive is happy to support his nomination for a position in the Executive of IFSPT and feels he would add valuable knowledge and skills to the IFSPT and the ACPSEM are keen to maintain the strong links we currently have with the IFSPT.

Kind regards

Stephen Mutch

Stephen Mutch MSc
ACPSEM Chair

